

YEAR 3 REMOTE LEARNING PLAN

Monday 22nd June – Friday 26th June 2020



Our theme this week is:

HEALTHY US!

KEY VOCABULARY

nutrients	substances that are needed for healthy growth and development.
energy	the ability to be active.
food miles	refer to the distance food has travelled to get from where it was produced to where it is sold.
continuously	something which is going on without stopping.
root words	are basic words with no suffixes added to them. By adding suffixes to a root word we can change its meaning.
recipe	a set of instructions for making something.
feedback	helpful information given about something that has been made. It could be something they liked or what could be improved.

KEEPING IN TOUCH

If you have any questions or queries regarding remote learning tasks, please contact your child's class teacher through the email address below.

We invite you to submit photographs of your children's experiences and photographs of completed paper based tasks to:

year3@sherwood.lancs.sch.uk

ARTS FOCUS

Can you design a 'keep your hands clean' poster for school? This is so useful for the current situation. Come up with creative ways of displaying the information on the poster. The more creative the posters/displays are, the more rainbow points you will receive! We love rainbow points! There is also Artclass – how to sketch a dog!

SCIENCE AND PE FOCUS

SCIENCE

1. Can you research and answer the following question:

What nutrients do our bodies need?

2. Draw a picture of yourselves and label the body parts **with what nutrients they need** eg glucose for muscles, calcium for bones.

PE

Get fit and conduct an experiment which involves exercise. Fold a page in your Remote Learning book in half so it makes a vertical line down the middle. Label one side/column "Before" and the other side "After." Think about how you are feeling whilst you are sitting still. Think about how much energy you have. Write words or phrases in the "before" column.

Now complete a variety of exercises e.g sit-ups, push-ups, jogging in place, or jumping jacks. Exercise for 5 minutes.

Write down how you are feeling after exercising in the "after" column.

What do you notice has happened to your bodies during and after exercise?



GEOGRAPHY FOCUS

Carry out some research about where our food comes from. You can choose between 5-10 different foods and then research where they come from. Once you have researched this, we would like you to fill in the following sheet which will be placed on the download section. You can copy the titles of the form in your book if you can not print. This will be entitled "Where does my Food come from?"

Food Item	Where It Comes From	Food Miles

How far has all the food in your shopping travelled?

It's about 25,000 miles around the Earth. Has your shopping travelled that far?



SHERWOOD PRIMARY SCHOOL

CORE LEARNING TASKS

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ENGLISH CORE LEARNING TASKS

TASK 1

Create, invent and write a description a new physical game that will increase your heart rate. This links brilliantly with the PE task. You need to think about the following points when designing your game:

- **What equipment will you use?**
- **How many people are involved?**
- **What are the rules for the game?**

Write your new game in paragraph form with subtitles. Don't forget bossy verbs and adverbs to explain how to play the game. You can also illustrate your game underneath your paragraph.

TASK 2

Design and then make a healthy snack that your could sell at school! Yummy scrummy! If you can, make this snack and then write a recipe to explain what ingredients you used and the method you undertook to make your snack. Afterwards, choose a 'taste' tester. This can be someone living in your household. The 'taste' tester has to provide feedback on the snack. You need to provide this feedback at the bottom of your recipe. If only Mr Sutcliffe lived in your household – he loves new snacks!

MATHS CORE LEARNING TASKS

TASK 1

Let's focus on intervals of time such as days and months. Please can the children answer the following questions:

Months of the year

1. How many months are there in a year?
2. What is the last month of the year?
3. What is the first month of the year?
4. Name a summer month.
5. Name a spring month.
6. Name a winter month.
7. Name an autumn month.
8. During which month is Christmas?
9. Which is the fourth month of the year?
10. Which is the second month of the year?

Days of the week

1. How many days are there in a week?
2. Which two days make up the weekend?
3. How many days are there in a school week?
4. What is the first day of the school week?
5. What is the last day of the school week?
6. Which day comes after Monday?
7. Which day comes before Friday?
8. Which day is half way through the school week?
9. Which day is two days after Thursday?
10. Which day is two days before Saturday?

MATHS CORE LEARNING TASKS

TASK 2

Draw hands on the clock faces to show these times:

Quarter to 6.

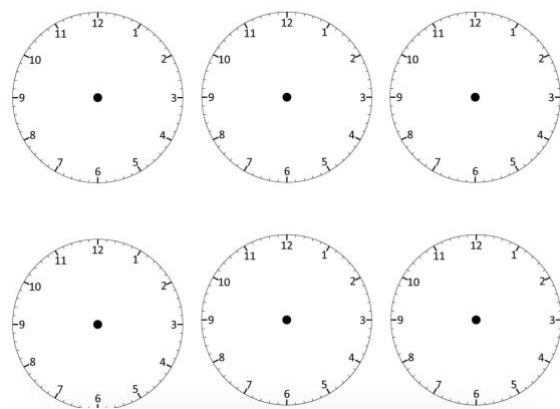
4 hours earlier than 12 o'clock

Twenty past 8.

Two hours later than 9 o'clock

45 mins before 5.

9 minutes past 3



SPELLING/PHONICS FOCUS

1. Learn and practise spelling of common words **calendar, caught, centre, certain, century, circle**. Can you write sentences which include these words?
2. **Non-, ex-, mis-, anti-, co-** all these are prefixes you can add to root words. We have learnt many of them this year so it's time to recall them, write a list of as many as you can and use them in sentences.
And what do long lists mean? Rainbow points!

3. Remember Year 1 and 2 phonics? Well it's amazing how quickly you think it's not part of reading and writing. Take this journey down memory lane and visit the following website: **Phonics Play**. We use this website in school. It is free to login due to school closure. Have a go at the following game whereby they have to add -ing to root words and then enjoy any other games!
Username: march20 password: home
<https://www.phonicsplay.co.uk/member-only/TumblingTumbleweeds.html>

KEY MENTAL MATHS SKILLS TO REHEARSE ORALLY

1. **Complete the mental maths test – video below the downloads section.**
2. Practise your times tables and take the quiz tests:

<https://www.dkfindout.com/uk/maths/times-tables/>

Can you beat your score by repeating the quiz?

Can you challenge yourself by doing a harder times table or doing it quicker?

