

L.O. What will my New Year's resolution be and how can I make it count in 2021?



It's a few days post new year celebrations, which means that many of us are focused on maintaining our resolutions. What are the top 5 most common New Year's Resolutions?

- Exercise more
- Be more organized
- Learn a new skill/hobby
- Save money
- Spend more time with family/friends

One thing is for certain – sticking to these resolutions can be a challenge.

It's easy to set goals. It's far more difficult to achieve them. This year is full of so many opportunities, there's no reason why you can't completely own it and make it your best year EVER.

What are your New Year resolutions and how are you going to make sure you stick to them?