## Thursday 7th January 2021

Words of the week.

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stomach queue nuisance convenience temperature

## Using our muscle memory

stomach queue nuisance convenience temperature



## MUSCLE MEMORY TECHNIQUE.

➤ Take a piece of A4 plain paper. Fold in quarters. On the top left square, you write the spelling word in best cursive writing (large!) and trace over it constantly for 20 seconds. Then copy it on the top right square. Then fold backwards so you can only see the bottom squares. Write out the word in bottom left from memory and then close and write it on right hand side.