

Behaviour Policy and Emotion Coaching

Parent and Carer Consultation

January 2023



In January 2023, we shared our Behaviour Policy, Child on Child Abuse and Anti-Bullying Policy with our Parents and Carers for feedback and questions. Amendments to the policy included the development of a whole school Emotion Coaching response to support our children to:

- recognise a range of emotions and recognise these emotions as normal
- understand the different emotions they experience
- self-regulate their emotions
- develop strategies to regulate behaviour in the future

Please see the comments and questions shared below from our Parents and Carers and a response from School if appropriate.

Policy is good. Realistic. Promotes positive behaviour and the understanding that different behaviours can be triggered by different underlying factors. Allows leeway for professional judgement whilst also offering clear boundaries so the children can feel comfortable in their routine and what is reasonably expected of them.

Emotion coaching is a fantastic approach. As a parent, I am unaware of the house points and reasons why my child has received them - how can I be notified? How do staff ensure a consistent approach re behaviour for SEND pupils?

School response: House points are awarded throughout the School day by all members of staff. We have a system in each class to record House Points awarded to each child. If House Points are awarded for a piece of work, we encourage children to share this work with family members through Seesaw.

All children, including children with Special Educational Needs will be supported in developing strategies to regulate behaviour. For some children, the development of these strategies may require additional support and time. As appropriate, targets for pupils with an identified Social and Emotional need will be embedded into a child's Individual Education Plan.

I think it's a brilliant idea. It will build confidence for the children whenever they need to speak someone they will know they have someone they can trust.

We feel the policy is fair & the information is informative. Thank you.

I have read through the proposed policy and all makes sense and feels appropriate. Thank You for letting us review it and feedback.

Will the parents be notified?

School response: Our emotion coaching conversations with children will form a key part of our daily communication with all children. We will work closely with parents and carers to support children who are displaying the same emotions on a regular basis or who are finding it challenging to self-regulate their emotions. This link will support parents/carers and school in working closely with the child to develop strategies at home and at school to regulate behaviour in the future.

That sounds really good and will help children to learn ways to manage their emotions and no doubt support is essential.

It is really a great effort to doing as children should know how to respect others no matter who is. Plus working on emotions and behaviour actions makes them a better person so they can contribute positively in a community, school and in their future life.

This is a very interesting and impressive policy. My son mentioned a few things about being taught different emotions last week, I hope he continues to benefit from this. Thank you for always prioritizing and focusing on fine details in our children's development.

I think this is a great idea. Not all behaviour is 'just bad', there's often something going on that's causing it - usually being sad or feeling stressed, etc. so I think this is a really good idea that will help children be able to self-manage while at school.

I agree emotions and behaviour policy is quite important and will be quite useful in the long run for the mental health of the child, anti-bullying policy needs to be a bit more robust and clear with clear roles and responsibility.

School response: Thank you for your feedback. We will review the roles and responsibilities section of the policy to ensure that these are clear for all members of the School Community.

Emotion Coaching would be a useful addition to the Sherwood School curriculum due to its myriad benefits in self-management of children's behaviour and it's positive impact on learning and development. Thank you.

It looks like a fantastic policy. Very impressive. Thank you.

This a great initiative by the school. I think this will help maintain and enhance the reputation of school as an exemplary school with highly achieving students.

New proposed behaviour policy would be a good strategy for kids to gain emotional support.

The strategies to control emotions to children highly appreciated.

My child definitely improving her social and mental health. We can observe her development in behaviour noticeably. Thank you.

We are grateful for your feedback and continue to value your ongoing support as we work together to support our children's emotional development and growth.

Mrs Jodie Lumb, Headteacher