



# Am I ready for school?

## Top Tips for Parents

When your child starts school there are a number of skills that will be helpful if they have already mastered them. Use this sheet as guide to help get them ready.

### Self-care

- I can wash my hands, for at least 20 seconds using a song or counting
- I can wipe my nose
- I can ask for help if I don't feel well

### Speaking & literacy

- I am interested in listening to stories and looking at picture books
- I am able to talk about myself, my needs and feelings
- I am practising recognising my name when it is written down

### Getting dressed & undressed

- I can button and unbutton my clothes
- I can put my own shoes and socks on
- I can put my coat on and use a zip

### Interest in the world

- I enjoy learning about the world around me
- I am interested in exploring new activities or environments
- I like asking questions

### Eating

- I can use a knife and fork
- I can open my packed lunch on my own

### Writing skills

- I like tracing patterns and colouring in
- I enjoy playing with lego, tweezers, playdoh and pegs
- I enjoy experimenting with different shaped scribbles
- I am practising to hold a pencil

### Going to the toilet

- I can go to the toilet on my own, wipe myself properly and flush
- I can wash and dry my hands without any help

### Independence

- I am happy to be away from my mummy, daddy or main carer
- I am happy to tidy my belongings and look after my things

### Listening & understanding

- I am feeling confident about starting school
- I am able to sit still and listen for a short while
- I can follow instructions
- I understand the need to follow rules

### Sharing & turn taking

- I can share toys and take turns
- I can play games with others
- I can interact with other children

### Counting skills

- I enjoy practising counting objects
- I like saying number rhymes and playing counting games
- I can recognise some numbers when they are written down

### Routines

- I have practised putting on my uniform and getting ready to leave on time
- I have a good bedtime routine so I'm not feeling tired for school
- I'm learning to eat at the times I will on school days

