

# ONE STOP SHOP

**A monthly drop in where families**

**can access free advice & support**

**Pathway Navigator-ASD-ADHD & More**

**School Nurse - Bed wetting Sleep Hygiene & More**

**Housing - Preston City Council - Gateway**

**Citizen Advice**

**Benefit Advice - DWP**

**Emotional Health and Wellbeing**

**Debt Advice/Support**

**Employment advice - DWP**

**Relationship advice**

**Home safety - Lancs Fire & Rescue**

**Free Funded Nursery Places**

**Lancashire Women**

**Find out about:**

**Mental health support**

**Accessing Food Banks**

**Household living support**

**No  
Appointment  
Needed**

**Last  
Tuesday of  
the month,  
2pm 'until  
4pm**

**RIBBLETON  
FAMILY  
HUB  
PRESTON**

Ribbleton Family Hub,  
Ribbleton Hall Drive,  
Ribbleton,  
Preston,  
PR2 6EE