

**LANCASHIRE  
WOMEN**

# Steps to Confidence Course

**3 weeks course**

**Starting**

**Monday 27th January 2025**

**1-2:30pm**

**Preston West Family Hub**

Ashton Primary School Site, Ainsdale Drive,

Preston, PR2 1TU

Telephone: 01772 536419



- Take steps to understand and build on your confidence.
- Want to set some goals, build your resilience
- Plan for 2025, being your positive year.
- Receive a £20 supermarket shopping voucher upon completion.

**To Book a Place please call the group  
organisers**

**Susan on 07878101134**

**or**

**Jo on 07488706362**

PRESTON WEST  
**FAMILY  
HUB**  
PRESTON