

Personal, Social, Health and Relationships Education in Year 6

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme	How can we manage risk?	What are human rights?	How to recognise the diverse identities in our society?	How can money affect us?	How can we stay healthy?	What makes a healthy and happy relationship?
Context	Increased independence and responsibility; strategies for managing risk; different influences; resisting unhelpful pressure; personal safety; managing requests for images; how anti-social behaviours affect wellbeing; how to handle anti-social or	Why and how laws are made; taking part in making and changing rules; importance of human rights; rights of the child; right to protect their bodies, confidentiality and when to break a confidence	To appreciate the range of national, regional, religious and ethnic identities of people living in the UK; to be aware of the lives, values and customs of people living in other places	Finance and its role in people's lives; being a critical consumer; what is meant by interest, loan, debt, tax; how resources are allocated and how this affects individuals, communities and the environment; research and debate health and wellbeing issues	What positively and negatively affects health; informed choices; balanced lifestyle; how drugs can affect health and safety; the law and drugs; who is responsible for their health and wellbeing	Different relationships; what makes positive; healthy relationships; recognise when relationships are unhealthy; committed; loving relationships (including marriage, civil partnership); managing complex emotions;
Relationships Education			What a stereotype is, and how stereotypes can be unfair, negative or destructive	How information and data is shared and used online How to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met	How to report concerns or abuse, and the vocabulary and confidence needed to do so; Where to get advice from e.g. family, school and/or other sources	That marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong